

## Psalm 7 Devotions

### ☐ Monday - Refuge from the Enemy.

Psalm 7:1

From all that we can piece together from this psalm and elsewhere in Scripture, the background behind Psalm 7 may be that Cush the Benjamite had falsely accused David of treason against King Saul. But accusations against the people of God are not something new, for we have a real enemy whose full-time job is as “the accuser of the brethren” (Rev. 12:10; cf. Job 1:11, 2:5). So what do you do, Christian, when you are unjustly accused? David had discovered a special hiding place from the enemy’s attacks: “O Lord my God, in You I have taken refuge; save me from all those who pursue me, and deliver me” (Psalm 7:1).  
Read Psalm 32:7, 119:114

### ☐ Tuesday - Delivered from the Lion.

Psalm 7:1-2

David cried to God, “Save me from all those who pursue me, and deliver me, or he will tear my soul like a lion” (Psalm 7:1-2). Here, David seeks deliverance from his foe whom he likens to a lion. So also in our case there is one who prowls about like a roaring lion, seeking someone to devour; that is, the devil (1 Peter 5:8). And just as David prayed for deliverance from that “lion,” Jesus has taught us to pray, “Deliver us from the evil one” (Matt. 6:13). Got lion problems? Talk to God! Read James 4:7-8; Revelation 12:7-11

### ☐ Wednesday - The Value of a Clear Conscience.

Psalm 7:3-5

“O Lord my God, if I have done this, if there is injustice in my hands .. Let the enemy pursue my soul and overtake it” (Psalm 7:3-5). David knew he was innocent of conspiring against King Saul. Twice when he had the opportunity to kill Saul, David spared his life, once in the cave of Adullam (1 Sam. 24:1-7), and again when Saul was sleeping in the camp (1 Sam. 26:1-12). The importance of a clear conscience when offering our prayer requests before God cannot be underestimated. “Beloved, if our heart does not condemn us, we have confidence before God” (1 John 3:21).  
Read 1 Peter 3:16

### ☐ Thursday - Thy Will Be Done.

Psalm 7:6

David prayed, “Arouse Yourself to the judgment that You have ordained” (Psalm 7:6). David asks nothing but that which is according to God’s sovereign plan. This is the rule which ought to be observed by us in our prayers; we should in everything conform our requests to the divine will, as John also instructs us: “This is the confidence which we have before Him, that, if we ask anything according to His will, He hears us” (1 John 5:14).  
Read Matthew 6:9-10

### ☐ Friday - Praise Proportional to God’s Righteousness.

Psalm 7:17

David closes this psalm, “I will give thanks to the Lord according to His righteousness and will sing praise to the name of the Lord Most High” (Psalm 7:17). How can a psalm that begins with such a pathetic cry (cf. v. 1-2) conclude with such heart-felt praise and thanksgiving? Surely David’s circumstances had not changed during the time it took him to write Psalm 7! The key to David’s worship was this: David based His praise, not on his present circumstances, but on the goodness and righteousness of God. “I will give thanks to the Lord according to [i.e. in proportion to] His righteousness.” Did you hear David’s resolve, “I will give thanks ... I will sing praise” (v. 17). He is saying, “Nothing has changed around me, but something has changed in me: namely, my focus on God!” Christian, if your worship of God depends on your circumstances, then you will be at best a fair-weather-worshipper. Base your praise and thanksgiving, not on your changing circumstances, but on the unchanging character of God!  
Read Psalm 150:2; John 4:23-24